08.00am – 09.30am
Inauguration Ceremony – Grand Ball Room

09.30am – 10.00am
Henry Rajaratnam Oration – Hall A

10.00am – 10.30am Tea Break

Hall A – Symposium 1

Endocrinology & Reproduction

10.30am – 12.00pm

Dr. Prasad Katulanda
Dr. Suresh Damodharan

10.30am – 11.00am
Menopausal Hormone Therapy; Where are we in 2019?
Prof. Margaret Wierman (US)

11.00am – 11.30am
Male Hypogonadism – Steering through the maze
Dr. Sushil Jindal (IND)

11.30am – 12.00pm
Metabolic Effects of PCOD
Prof. Margaret Wierman (US)

Hall A – Panel Discussion 1

Which Drug Amidst the Plethora of Diabetes Therapies? A Case- Based Discussion

12.00pm – 01.40pm

Dr. Waqas Shafiq
Prof. Md. Fariduddin

12.00pm – 12.20pm
Incretins
Dr. Sachith Abhayaratna (SL)

12.20pm – 12.40pm
SGLT2i
Dr. Chaminda Garusinghe (SL)

Hall B – Symposium 2

Pituitary Disease

10.30am – 12.00pm

Dr. Manoj Chawla
Dr. Ibrar Ahmad

10.30am – 11.00am
Diagnosis & Management of Acromegaly
Prof. William Young (US)

11.00am – 11.30am
Diagnosis & Management of Prolactinomas
Prof. Marta Korbonits (UK)

11.30am – 12.00pm
Pituitary Tumours; Modern Viewpoint
Prof. John Wass (UK)

Hall B – Panel Discussion 2

Cardiovascular Outcomes in Diabetes

12.00pm – 02.30pm

Dr. Naomali Amarasena
Dr. Uditha Bulugahapitiya

12.00pm – 12.30pm
Diabetes Therapeutics and Cardiovascular Outcomes: Where are we now?
Dr. Krishna Seshadri (IND)

12.30pm – 01.00pm
Role of Anti-Platelet Therapy in Primary Prevention
Dr. Dharshini Karuppiah (SL)

Hall D – Symposium 3

Make Endocrinology the General Practitioner's Forte

10.00am – 11.30am

Dr. Sarath Gamini De Silva
Dr. Sri Rajan

10.00am – 10.20am
Extravagant Endocrine Diagnosis – When to suspect in Family Practice?
Dr. Manodhi Saranapala (AUS)

10.20am – 10.40am
Unravelling the Clinical Issues in PCOD
Prof. Chandrika Wijeyaratne (SL)

10.40am – 11.00am
The Simple and Complex of Thyroid Disease
Dr. Muditha Weerakody (SL)

11.00am – 11.20am
Erectile Dysfunction and Diabetes
Dr. Shahjada Selim (BAN)

11.20am – 11.30am Discussion

Hall D – Panel Discussion 3

Strengthening Family Practice for Diabetes Shared Care

11.30am – 01.00pm

Dr. Sameer Aggarwal
Dr. Jayantha Jayatissa

Hall E – ISE Thyroid Course

09.00am – 03.00pm

Dr. Achini Wijesinghe
Dr. Faria Afsana

09.00am – 09.30am
Treatment of Hypothyroidism - The Essence
Prof. David Cooper (US)

09.30am – 10.00am
Imaging of Thyroid Nodules
Prof. Susan Mandel (US)

10.00am – 10.30am BREAK

10.30am – 11.00am
Contemporary Management of Graves' Disease
Prof. David Cooper (US)

11.00am – 11.30am
Thyrotoxicosis in Children
Dr. Navoda Attapatu (SL)

11.30am – 12.00pm
Thyroid Disease in Pregnancy
Prof. Susan Mandel (US)

12.00pm – 12.30pm
Low Risk Thyroid Cancer
Prof. David Cooper (US)

12.30pm – 01.00pm Q&A

01.00pm – 01.30pm
Radioiodine Therapy in Thyroid Practice
Dr. Jayantha Balawardhana (SL)

01.30pm – 02.00pm
The Many Faces of Thyroiditis
Prof. Susan Mandel (US)

Hall H – Master Class 1

Diabetes. Obesity & Gut Conundrums

Prof. Md. Hafizur Rahman
Dr. Thejana Wijeratne

09.00am – 09.20am
NASH: Modern Viewpoint
Dr. Siva Sivapriyan (UK)

09.20am – 09.40am
Gut Harmonizing the Endocrine Orchestra
Prof. A. K. Das (IND)

09.40am – 10.00am
Obesity Therapeutics – Are We There Yet?
Dr. Manilka Sumanatilleke (SL)

10.00am – 10.10am BREAK

10.10am – 10.30am
An Update on Bariatric Surgery
Dr. Praveen Raj (IND)

10.30am – 10.50am
Non-Pharmacological Alternatives for Bariatric Surgery
Dr. Madunil Niriella (SL)

10.50am – 11.10am
Metabolically Healthy Obesity - Does it Exist?
Dr. Pramod Ghandi (IND)

11.10am – 11.30am
Childhood Obesity and Genetic Syndromes
Dr. Agustini Utari (INDO)

Hall G – Oral Presentations

09.30am – 01.00pm

Diabetes
Dyslipidaemia
Obesity & Metabolic Disease

Hall G – Teaching Capsule 1

Sellar Tumours – Multi Disciplinary Team Gathering

01.00pm – 02.00pm

Moderator:

Dr. Sunil Perera
Dr. Manilka Sumanatilleke

Mr. Simon Cudlip (UK)
Prof. John Wass (UK)
Prof. Marta Korbonits (UK)

12.40pm – 01.00pm
Insulin
Dr.Shyaminda Kahandawa (SL)

01.00pm – 01.20pm
Sensitizers
Dr. A. H. Aamir (PAK)

01.20pm – 01.40pm
Sulphonylurea
Dr. Aravinthan Mahalingam (SL)

Hall A – Symposium 4

An Aid to Professional Development: How to…

01.40pm – 03.10pm

Dr. Fawad Randhawa
Dr. Bhoj Raj Adhikary

01.40pm – 2.10pm
How to….Integrate Research Into your Busy Schedule?
Prof. Senaka Rajapaksha (SL)

02.10pm – 02.40pm
How to….Publish a High Impact Paper?
Prof. Tharaka Dassanayake (SL)

02.40pm – 03.10pm
How to….Deliver a Perfectly Pitched Talk?
Dr. Jawaid Masood (PAK)

Hall A – Meet the Professor 1

03.10pm – 04.10pm

Dr.Shyaminda Kahandawa
Dr. Faisal Qureshi

Optimizing Hormone Treatment in the Hypopituitary Patient
Prof. John Wass (UK)

01.00pm – 01.30pm
Controversies in Statin Therapy
Dr. Ruwan Ekanayake (SL)

01.30pm – 02.00pm
Blood Pressure Targets: How Low Should We Go?
Dr. Vajira Senaratne (SL)

2.00pm – 2.30pm
Acute Coronary Syndrome in Diabetes
Dr. Sandeep Bansal (IND)

Hall B – Meet the Professor 2

02.30pm – 03.30pm

Dr. Sivatharshya Pathmanathan
Dr. Maliha Hameed

IPSS and AVS Results Made Simple
Prof. William Young (US)

Hall B – Meet the Professor 6

03.30pm – 04.30pm

Dr. Nayananjani Karunasena
Dr. Badri Paudel

Novel Strategies in Glucocorticoid Replacement
Prof. Andre Lacroix (CAN)

11.30am – 11.50am
How to Escalate Diabetes Therapeutics?
Dr. Niranjala Meegoda Widanege (SL)

11.50am – 12.10pm
Insulin and SMBG: Optimizing Quality of Life
Dr. Udul Hewage (AUS)

12.10pm – 12.30pm
Setting Up Database in your General Practice
Prof. Devaka Fernando (UK)

12.30pm – 01.00pm Discussion

Hall D – Symposium 5

Diabetes in Special Groups

01.00pm – 2.30pm

Dr. Vijay Bhaskara Reddy
Dr. Wassay Sultani

01.00pm – 01.30pm
The 2Ds in Adolescents – Development & Diabetes
Dr. Agustini Utari (INDO)

01.30pm – 02.00pm
The 3Ds – Dementia, Depression and Diabetes
Dr. Ali Jawa (PAK)

02.00pm – 02.30pm
Microwave Ablation of Thyroid Nodule
Dr. Ajit Kumar Yadav (IND)

02.30pm – 03.00pm
Discussion

Hall E – Meet the Professor 4

03.00pm – 04.00pm

Dr. Dulani Kottahachchi
Dr. Kursheed Khan

Challenging Thyroid Nodules
Prof. Susan Mandel (US)

Hall E – Meet the Professor 8

04.00pm – 05.00pm

Dr. Dipak Mall
Dr. Muditha Weerakody

Challenging Cases of Thyroid Dysfunction
Prof. David Cooper (US)

11.30am – 11.40am Discussion — ***Dr. Ruby Mahesparan (NO)***

Hall H – Symposium 6

Diabetes & Technology
11.40am – 01.10pm

Dr. Atul Dhingra Dr. Aisha Sheikh

11.40am – 12.10pm
Be Up-to-Date with New Advances – CGM
Dr. Lalantha Leelarathna (UK)

12.10pm – 12.40pm
Pump Technology – An Update
Dr. Rakesh Sahay (IND)

12.40pm – 01.10pm
Closing the Loop – Finally a Reality?
Dr. Lalantha Leelarathna (UK)

Hall H – Meet the Professor 5

01.30pm – 02.30pm

Dr. Saptarshi Bhattacharya Dr. Fahim Ullah

A Practical Guide to Usage of Insulin Pumps
Dr. Lalantha Leelarathna (UK)

		02.00pm – 02.30pm The 4Ds of Diabetes in Women – Difficult, Dismissed, Different and Deadly ***Dr. Sarita Bajaj (IND)***		
		Hall D – Meet the Professor 3 **02.30pm – 03.30pm** Dr. Sobia Sabir Dr. Siva Sivapriyan Difficult Cases in Diabetes ***Dr. Abbas Raza (PAK)***		
		Hall D – Meet the Professor 7 **03.30pm – 04.30pm** Dr. Saeed A Mahar Dr. Tharanga Samarasekara Do Not Drown in Salt Water: Disorders of Sodium Handling ***Prof. Nihal Thomas (IND)***		
05.00pm - 06.00pm **Cultural Program (Grand Ballroom)**				

08.00am – 08.30am **Hall A – Plenary 1**			**08.00am – 08.30am** **Hall B – Plenary 2**		
Dr. Umal Azmat **Dr. Lalana Ranasinghe**			**Dr. Udul Hewage** **Prof. A. K. Das**		
Management of Thyroid Nodules ***Prof. Susan Mandel (US)***			Diabetes Prevention as a Realistic Goal ***Prof. Jaako Tuomilehto (FIN)***		
08.30am – 09.00am **Hall A – Plenary 3**			**08.30am – 09.00am** **Hall B – Plenary 4**		
Dr. Shalika Ariyawansa **Dr. Dina Shrestha**			**Dr. Udul Hewage** **Prof. A. K. Das**		
'The Irish Giant' – Story Unwinds ***Prof. Marta Korbonits (UK)***			Remission strategy in T2DM - a paradigm shift in diabetes management ***Dr. Prasad Katulanda (SL)***		
Hall A – Master Class 2	**Hall B – Symposium 8**	**Hall D – Symposium 9**	**Hall E – Symposium 10**	**Hall H – Forum 1**	**Hall G – Oral Presentations**
Bone & Metabolic Disease	**State of the Art Care in Neuroendocrinology**	**Integrated Care with the Family Practitioner**	**Diabetes Complications**	**When Hormones Go Wrong**	**09.30am – 12.00pm**
09.00am – 12.00pm	**09.00am – 10.30am**	**09.00am – 10.30am**	**09.00am – 10.30am**	**09.00am – 10.30am**	
Dr. Sanjay Bhadada Dr. Chaminda Garusinghe	Dr. Henry Rajaratnam Prof. M. A. Hasanat	Dr. Rajiv Singla Dr. Vineet Surana	Dr. Anura Hewageeganage Dr. Fawad Randhawa	Dr. Carmaline Motha Dr. Subhash Yadav	Bone & Metabolic Disease
09.00am – 09.25am Osteoporosis: Common Questions, Clinical Conundrums ***Dr. Bart Clarke (US)***	**09.00am – 09.30am** Cutting Edge Treatment with Gamma Knife ***Dr. Ruby Mahesparan (NO)***	**09.00am – 09.20am** Dispelling Myths in Diabetes Care ***Dr. Sivatharshya Pathamanathan (SL)***	**09.00am – 09.20am** Novel Approaches in Diabetic Foot Disease ***Prof. Andrew Boulton (UK)***	**09.00am – 09.20am** Do Men Pause? ***Dr. Tabinda Dugal (PAK)***	
09.25am – 09.50am T to Z Scores: Case – Based Approach ***Prof. Sarath Lekamwasam (SL)***	**09.30am – 10.00am** Case Based Update Pheochromocytoma ***Prof. William Young (US)***	**09.20am – 09.40am** Diabetic Foot in Your Hands ***Dr. Charitha Weerasinghe (SL)***	**09.20am – 09.40am** Challenges in Glycaemic Management in CKD ***Dr. Dimuthu Muthukuda (SL)***	**09.20am – 09.40am** Testosterone Therapy; When and How? ***Dr. Deep Dutta (IND)***	
09.50am – 10.15am Fracture Risk Assessment Beyond DXA and FRAX ***Dr. Bart Clarke (US)***	**10.00am – 10.30am** Cushing Syndrome in Neuroendocrine Tumours ***Prof. Nihal Thomas (IND)***	**09.40am – 10.00am** How to Keep the Menopausal Woman Content ***Dr. Sachin Chittawar (IND)***	**09.40am – 10.00am** Hyperglycaemia in the Post Kidney Transplant Patient ***Dr. Udul Hewage (AUS)***	**09.40am – 10.00am** Female Sexual Dysfunction in Diabetes ***Dr. Md. Saifuddin (BAN)***	
10.15am – 10.25am BREAK	**Hall B– Panel Discussion 4**	**10.00am – 10.20am** Break Free from Osteoporosis – An Update ***Dr. Thomas Paul (IND)***	**10.00am – 10.20am** Renal Outcome Trials in Diabetes – An Update ***Dr. Mathu Selvarajah (SL)***	**10.00am – 10.20am** Gender Dysphoria ***Dr. Indrajit Prasad (BAN)***	
10.25am – 10.45am **Viewpoints** Vitamin D Deficiency – A Fact or A Myth:	**Changing Landscape of Diagnostics & Therapeutics**	10.20am – 10.30am Discussion	10.20am – 10.30am Discussion	10.20am – 10.30am Discussion	
	10.30am – 12.00pm	**Hall D– Panel Discussion 5**	**Hall E– Panel Discussion 6**	**Hall H – Forum 2**	
	Dr. Siva Sivapriyan Dr. Abbas Raza	**Endocrine Surgery – A**	**A New Era for Diabetes Therapeutics**	**Thyroid Disease in Perspective**	
			10.30am – 12.00pm	**10.30am – 12.00pm**	
			Dr. Amena Baig Dr. Lalantha Leelarathna	Prof. M. A. Samad Dr. Maulee Arambewela	

A Fact – Dr. Kavinga Gunawardena (SL) *A Myth – Dr. Manash Baruah (IND)*	**10.30am – 11.00am** Controversies in the Diagnosis & Therapy of Cushing Syndrome ***Prof. Andre Lacroix (CAN)***	**Fruitful Collaboration Between Surgeon & Endocrinologist** **10.30am – 11.30am** Dr. Manilka Sumanatilleke Dr. Thejana Wijeratne	**10.30am – 10.50am** More Freedom with Less Frequent Injectable Drugs ***Dr. Manodhi Saranapala (AUS)***	**10.30am – 10.50am** Subclinical Hypothyroidism - Controversies to Consensus ***Dr. Robin Maskey (NEP)***	
10.50am – 11.15am "Osteoporosis" in the Young ***Prof. Faisal Ahmed (UK)*** **11.15am – 11.40am** Metabolic Bone Disease: An Eye Opener ***Dr. Bart Clarke (US)*** **11.40am – 12.00pm** Bone Protective Agents in Children ***Prof. Faisal Ahmed (UK)***	**11.00am – 11.30am** Congenital Adrenal Hyperplasia Across Lifespan ***Prof. Margaret Wierman (US)*** **11.30am – 12.00pm** Advances in causes of Functional Adrenocortical Tumours and Hyperplasias ***Prof. Andre Lacroix (CAN)***	**10.30am – 11.00am** Endocrine Surgery ***Dr. Bawantha Gamage (SL)*** ***Dr. Chaminda Garusinghe (SL)*** **11.00am – 11.30am** Collaborative Surgery Gender Dysphoria ***Dr. Uditha Bulugahapitiya (SL)*** ***Dr. Kavinda Rajapaksha (SL)***	**10.50am – 11.10am** Can SGLT2 Inhibitor's Replace Traditional Hypoglycaemic Agents? ***Dr. Mujahid Saeed (UK)*** **11.10am – 11.30am** Combos for Diabetes ***Dr. Rakesh Sahay (IND)*** **11.30am – 11.50am** Type 1 Diabetes: New Insights ***Prof. Paul Hofman (NZ)*** 11.50pm – 12.00pm Discussion	**10.50am – 11.10am** Thyroid Nodules – Making Tough Choices ***Dr. Umal Azmat (PAK)*** **11.10am – 11.30am** Hashimotos Thyroiditis ***Dr. Najmul Islam (PAK)*** **11.30am – 11.50am** Thyroid Eye Disease; Update On Management ***Dr. Vijay Bhaskara Reddy (IND)*** 11.50pm – 12.00pm Discussion	
12.00pm – 12.30pm **Hall A – Plenary 5**			**12.00pm – 12.30pm** **Hall B – Plenary 6**		
Dr. Prem Kumar **Prof. Kamani Wanigasooriya**			**Dr Nirmala Wijekoon** **Dr. Sumudu Seneviratne**		
Subclinical Thyroid Disease – An Update ***Prof. David Cooper (US)***			Development Origins of Health and Disease ***Prof. Paul Hofman (NZ)***		
12.30pm – 01.00pm **Hall A – Lunch in Court Room**			**12.30pm – 01.00pm** **Hall B – Lunch Time Symposium**		
Judge: Dr. Abbas Raza			**Moderator : Prof. Shamya De Silva**		
'Jurors are not to be swayed by sympathy' In South Asian Court of Decree…. ***Attorneys – Dr. Manoj Chawla (IND) / Dr. Dina Shrestha (NEP)***			Real World Challenges in Nurturing a Child with TIDM – What the Family has to say? ***Dr. Navoda Atapattu (SL) / Dr. Sumudu Seneviratne (SL)***		
01.00pm – 01.30pm **Hall A – Plenary 7**			**01.00pm – 01.30pm** **Hall B – Plenary 8**		
Dr. Indrajit Prasad **Dr. Vijay Bhaskara Reddy**			**Prof. Shamya De Silva** **Dr. Navoda Atapattu**		
Year in Adrenal ***Prof. William Young (US)***			DSD from Conception to Reproduction ***Prof. Faisal Ahmed (UK)***		
Hall A – Master Class 3	**Hall B – Symposium 11**	**Hall D – Symposium 12**	**Hall E – Symposium 13**	**Hall H – Forum 3**	**Hall G – Forum 4**
Keep the Head Straight in Endocrine Emergencies	**Reproductive Endocrinology**	**Tropical Endocrinology** **01.30pm – 03.00pm**	**Thyroid Disorders – What Experts have to say**	**Finding Solutions to Common Endocrine Problems**	**Endocrine Perspective of Not So Uncommon Scenarios**

01.30pm – 03.00pm	01.30pm – 03.00pm	Prof. Sisira Siribaddana Dr. Gagan Priya	01.30pm - 03.00pm	01.30pm – 03.00pm	01.30pm – 03.00pm
Prof. Devaka Fernando Dr. Rakesh Sahay	Dr. Dulani Kottahachchi Prof. Athula Kaluarachchi	**01.30pm – 01.50pm** Envenomation and Endocrinology ***Dr. Saptarshi Bhattacharya (IND)***	Dr. Mathew John Dr. Achini Wijesinghe	Dr. Sobia Sabir Dr. Vignesh	Dr. Shyaminda Kahandawa Dr. Ibrar Ahmad
01.30pm – 02.00pm Thyroid Storm and Myxoedema Coma ***Prof. David Cooper (US)***	**01.30pm – 02.00pm** Fertility Treatment in Hypogonadotropic Hypogonadism – A Glimmer of Hope ***Prof. Margaret Wierman (US)***	**01.50pm – 02.10pm** Sheehan's Syndrome ***Dr. Ashish Sehgal (IND)***	**01.30pm – 02.00pm** Update on Medical Interventions in Thyroid Eye Disease ***Dr. Deepak Khandelwal (IND)***	**01.30pm – 01.50pm** Thyrovigilance ***Dr. Sameer Aggarwal (IND)***	**01.30pm – 01.50pm** How to Handle Spontaneous Hypoglycaemia? ***Dr. Faria Afsana (BAN)***
02.00pm – 02.30pm Addisonian Crisis ***Dr. Manodhi Saranapala (AUS)***	**02.00pm – 02.30pm** Assisted Reproductive Technology: An Update ***Dr. Milhan Batcha (SL)***	**02.10pm – 02.30pm** Diabetes and Tuberculosis Double Trouble ***Dr. A. H. Aamir (PAK)***	**02.00pm – 02.30pm** Update on Surgical Interventions in Thyroid Eye Disease ***Dr. Chameera Bandara (SL)***	**01.50pm – 02.10pm** Approach to the Patient with Hirsutism ***Dr. Dipak Mall (NEP)***	**01.50pm – 02.10pm** Use and Misuse of Hormones in Sport ***Dr. Hari Kumar (IND)***
02.30pm – 03.00pm Pituitary Apoplexy and Hypopituitarism ***Prof. John Wass (UK)***	**02.30pm – 03.00pm** Fertility Issues in PCOS ***Prof. Margaret Wierman (US)***	**02.30pm – 02.50pm** Fibro Calculus Pancreatic Diabetes; Changing Cues with Changing Times ***Dr. Vijay Bhaskara Reddy (IND)***	**02.30pm – 03.00pm** Exploring Frontiers in Thyroid Cancer ***Dr. Chandrika Subasinghe (SL)***	**02.10pm – 02.30pm** Bone Turnover Markers in Health and Disease ***Dr. Thomas Paul (IND)***	**02.10pm – 02.30pm** Drug Induced Endocrine Dysfunction ***Dr. Suresh Damodharan (IND)***
		02.50pm – 03.00pm Discussion		**02.30pm – 02.50pm** Delayed Puberty ***Dr. Sajith Siyambalapitiya (SL)***	**02.30pm – 02.50pm** Adrenal Incidentaloma : Pearls in Diagnosis ***Dr. Sharmin Jahan (BAN)***
				02.50pm – 03.00pm Discussion	02.50pm – 03.00pm Discussion
Hall A – Meet the Professor 9	**Hall B– Meet the Professor 10**	**Hall D– Meet the Professor 11**	**Hall E– Meet the Professor 12**	**Hall G – Workshop 1**	
03.00pm – 04.00pm	**03.00pm – 04.00pm**	**03.00pm – 04.00pm**	**03.00pm – 04.00pm**	**03.00pm – 05.00pm**	
Dr. Bhoj Raj Adhikary Dr. Ravi Kant	Dr. Samanthi Cooray Dr. Amit Shakya	Dr. Kursheed Khan Dr. Sushil Jindal	Dr. Navoda Atapattu Dr. Deepak Khandelwal	Thyroid Ultrasound : Hands on Introductory Course ***Prof. Susan Mandel (US)*** ***Prof. David Cooper (US)*** Prior Registration required Only 25 seats are Available	
Diagnosis of Cushing Syndrome: Pearls and Pitfalls ***Prof. William Young (US)***	Challenging Cases of Prolactinoma ***Prof. Marta Korbonits (UK)***	Approach to Bilateral Adrenal Incidentalomas ***Prof. Andre Lacroix (CAN)***	Metabolic Bone Disease in Children ***Prof. Faisal Ahmed (UK)***		
Hall A– Meet the Professor 13	**Hall B– Meet the Professor 14**	**Hall D– Meet the Professor 15**	**Hall E– Meet the Professor 16**		
04.00pm – 05.00pm	**04.00pm – 05.00pm**	**04.00pm – 05.00pm**	**04.00pm – 05.00pm**		
Dr. Kamani Liyanarachchi Dr. Subhash Yadav	Dr. Sachin Chittawar Dr Nilwala Jayasinghe	Dr. Charitha Weerasinghe Dr. Faisal Qureshi	Dr. Sajith Siyambalapitiya Dr. Binit Vaidya		
Its Wit that Matters – Challenges: Congenital Hypothyroidism ***Prof. Paul Hofman (NZ)***	Hypogonadism – Case Studies ***Prof. Margaret Wierman (US)***	Diabetic Neuropathy ***Prof. Andrew Boulton (UK)***	Unravel the True Self: Challenging Cases in DSD ***Prof. Faisal Ahmed (UK)***		

08.00am – 08.30am **Hall A – Plenary 9**			**08.00am – 08.30am** **Hall B – Plenary 10**		
Dr. Amit Shakya Dr. A. H. Aamir			**Dr. Roshan Paranamana Prof. Md. Hafizur Rahman**		
A Glimpse into the future of Insulin ***Dr. Krishna Seshadri (IND)***			A Glimpse into the future with SGLT2i ***Dr. Uditha Bulugahapitiya (SL)***		
08.30am – 09.00am **Hall A – Plenary 11**			**08.30am – 09.00am** **Hall B – Plenary 12**		
Dr. Manash Baruah Dr. Mohammad Wali Naseri			**Dr. Roshan Paranamana Prof. Md. Hafizur Rahman**		
Adrenal Incidentaloma – What Catches the Endocrinologist's Eye? ***Prof. William Young (US)***			Cardiovascular Trials in Diabetes: Across the Decade ***Dr. Sanjay Kalra (IND)***		
Hall A – Symposium 14	**Hall B – Symposium 15**	**Hall D – Symposium 16**	**Hall E – Master Class 4**	**Hall H – Forum 5**	**Hall G – Teaching Capsule 2**
Pituitary Disease: State of the Art Care	**Adrenal Disease: In Perspective**	**Endocrinology & Aging**	**Who Make Our Souls Blossom; Paediatric Endocrinologists Speak**	**The Regional Practice of Endocrinology**	**Proficiency in Management of Diabetes**
09.00am – 10.30am	**09.00am – 10.30am**	**09.00am – 10.30am**	**09.00am – 12.00pm**	**09.00am – 10.30am**	**09.00am – 10.30am**
Dr. Najmul Islam Dr. Kursheed Khan	Dr. Kavinga Gunawardena Dr. Robin Maskey	Dr. Dina Shrestha Dr Sanjeewa Wijekoon	Dr. Lakkumar Fernando Prof. Shamya De Silva	Dr. Badri Paudel Dr. Chandrika Subasinghe	Dr. Ajay Pradhan Dr. Sachith Abhayaratna
09.00am – 09.30am Disorders of Sodium Handling following Sellar Surgery ***Prof. John Wass (UK)***	**09.00am – 09.30am** Adrenocortical Cancer – An Overview ***Dr. Waqas Shafiq (PAK)***	**09.00am – 09.30am** Stay Young – How Aging affects the Endocrine System ***Dr. Nayananjani Karunasena (SL)***	**09.00am – 09.20am** Disorders of Water and Salt Balance ***Prof. Paul Hofman (NZ)***	**09.00am – 09.20am** Hirsutism – Evaluation and Management ***Dr. Nazmul Qureshi (BAN)***	**Diabetes Challenges and Pitfalls** **09.00am – 09.30am** Dr. S. K. Wangnoo (IND)
09.30am – 10.00am New Medical Therapies for Cushing's Syndrome ***Prof. Andre Lacroix (CAN)***	**09.30am – 10.00am** Diagnostic Issues in Pheochromocytoma ***Dr. Rakesh Sahay (IND)***	**09.30am – 10.00am** Premature Menopause ***Prof. Margaret Wierman (US)***	**09.20am – 09.40am** New Advances in Sex Determination and Disorders of Sexual Differentiation (DSD) ***Prof. Faisal Ahmed (UK)***	**09.20am – 09.40am** Hypothyroidism in Pregnancy ***Dr. Subarna Thapa (NEP)***	**09.30am – 10.00am** Dr. Mujahid Saeed (UK)
10.00am – 10.30am State of the Art Care in Craniopharyngioma ***Mr. Simon Cudlip (UK)***	**10.00am – 10.30am** Case – Based Update on Primary Aldosteronism - What's New? ***Prof. William Young (US)***	**10.00am – 10.30am** Hypothalamo – Pituitary Axis Across Lifespan ***Dr. S.K. Wangnoo (IND)***	**09.40am – 10.00am** Social and Psychological Challenges in DSD ***Dr. Agustini Utari (INDO)***	**09.40am – 10.00am** Anaemia in CKD ***Dr. Deepak Khandelwal (IND)***	**10.00am – 10.30am** Dr. Ali Jawa (PAK)
Hall A – Panel Discussion 7	**Hall B – Panel Discussion 8**	**Hall D – Panel Discussion 9**	**10.00am – 10.20am** Clinical Conundrums in Disorders of Sexual Differentiation (DSD) ***Dr. Sumudu Senevirathne (SL)***	**10.00am – 10.20am** Diabetes Fatigue Syndrome ***Dr. Vineet Surana (IND)***	**Hall G – Oral Presentations**
How do I ……	**Regional Diabetes Care**	**In Perspective…**		10.20am – 10.30am Discussion	**10.30am – 02.00pm**
10.30am -12.00pm	**10.30am – 12.00pm**	**10.30am – 12.00pm**		**Hall H - Forum 6**	Endocrine Disease
Dr. Sameer Aggarwal Prof. M. A. Samad	Dr. Saeed A Mahar Dr. Dharshini Karuppiah	Prof. Md. Faruque Pathan Dr. Manash Baruah		**Practice of Metabolic Medicine**	
10.30am – 10.45am How do I… Manage Adverse Effects due to Antithyroid Drugs? ***Dr. Hari Kumar (IND)***	**10.30am – 10.45am** Insulin Resistance and Diabetes -Is Our Region Unique ***Dr. Kaushik Pandit (IND)***	**10.30am – 10.50am** Measuring Quality of Diabetes Care ***Prof. Devaka Fernando (UK)***	10.20am – 10.30am Discussion	**10.30am – 12.00pm** Dr. Mohammad Wali Naseri Dr. Umal Azmat	
				10.30am – 10.50am Thyroid Disease: Cardiovascular Perspective ***Dr. Ahsanul Amin (BAN)***	

10.45am – 11.00am How do I…Manage Adults with CAH? ***Dr. Lalana Ranasinghe (SL)***	**10.45am – 11.00am** Buddhism and Diabetes Care - Mindful Meditation ***Dr. Gagan Priya (IND)***		10.30am – 10.45am Break	**10.50am – 11.10am** Inflammation & Osteoporosis ***Dr. Binit Vaidya (NEP)***	
11.00am – 11.15am How do I…Manage Hirsutism? ***Dr. Indrajit Prasad (BAN)***	**11.00am – 11.15am** Diabetes and Ramadhan ***Dr. Ali Jawa (PAK)***	**10.50am – 11.10am** Triglyceride Dysmetabolism as The Central Defect in Type 2 Diabetes ***Prof. S. V. Madhu (IND)***	**Growth and Puberty: When to Intervene**	**11.10am – 11.30am** Metabolic Memory ***Dr. Manoj Chawla (IND)***	
11.15am – 11.30am How do I…. Manage Gynaecomastia? ***Dr. Chathuri Jayawardena (SL)***	**11.15am – 11.30am** Challenges for the Under - Privileged in Diabetes Care ***Dr. Atul Dhingra (IND)***	**11.10am – 11.30am** Artificial Intelligence in Diabetes Care ***Dr. Rajiv Singla (IND)***	**10.45am – 11.05am** Disharmony of Neuroendocrine Triggers in Puberty: An Overview of Pubertal Disorders ***Prof. Paul Hofman (NZ)***	**11.30am – 11.50am** Clinical Application of MNT ***Dr. Ravi Kant (IND)***	
11.30am – 11.45am How do I… Investigate Excessive Sweating? ***Dr. Tharanga Samarasekara (SL)***	**11.30am – 11.45am** Herbal Therapies for Diabetes ***Dr. Ashish Sehgal (IND)***	**11.30am – 11.50am** Empowerment; Keys to Patient Centered Approach ***Dr. Amena Baig (PAK)***	**11.05am – 11.25am** Puberty & DSD ***Prof. Faisal Ahmed (UK)***	11.50am – 12.00pm Discussion	
11.45am – 12.00pm How do I… Prepare Patient For ARR? ***Dr. Maulee Arambewela (SL)***	11.45am – 12.00pm Discussion	11.50am – 12.00pm Discussion	**11.25am – 11.45am** Growth Hormone Therapy: An Update ***Prof. Paul Hofman (NZ)***		
			11.45am – 12.00pm Discussion		
12.00pm – 12.30pm **Hall A – Plenary 13**			**12.00pm – 12.30pm** **Hall B – Plenary 14**		
Dr. Maliha Hameed Dr. Rezni Cassim			Dr. Chaminda Garusinghe Prof. M. A. Hasanat		
The Diabetic Leg – The Long Journey Does Not End... ***Prof. Andrew Boulton (UK)***			Diabetes and Dementia ***Prof. Jaako Tuomilehto (FIN)***		
12.30pm – 01.00pm **Hall A – Lunch Time Symposium**			**12.30pm – 01.00pm** **Hall B – Lunch in Debate Room**		
Prof. Saroj Jayasinghe Prof. Ravindra Fernando			Dr. Ajay Pradhan Dr. Wassay Sultani		
Negligence, Genuine Error and Litigation ***Mr. Keshan Thalgahagoda (SL)***			HbA1C: Moderate vs Tight Control ***Debaters:*** ***Dr. Mathew John (IND)*** ***Dr. Tabinda Dugal (PAK)***		

01.00pm – 01.30pm	Hall A – Plenary 15		01.00pm – 01.30pm	Hall B – Plenary 16	
Dr. Manoj Chawla Dr. Prasad Katulanda			Dr. Maliha Hameed Dr. Rezni Cassim		
Cardiovascular Disease Risk in Diabetes *Prof. Jaako Tuomilehto (FIN)*			The Impact of Diabetic Foot Disease *Prof. Andrew Boulton (UK)*		
Hall A – Symposium 17 **Genetics & Endocrinology** **01.30pm – 03.00pm**	**Hall B – Symposium 18** **Calcium Metabolism & Parathyroid Disease** **01.30pm – 03.00pm**	**Hall D – Symposium 19** **Life Style Intervention for Diabetes – Emerging Concepts** **01.30pm – 03.00pm**	**Hall E – Symposium 20** **The Crucial Ten Months** **01.30pm – 03.00pm**	**Hall H – Symposium 21** **Novel Therapies; Focus on SGLT2i** **01.30pm – 03.00pm**	
Prof. Vajira Dissanayake Dr. Sushil Jindal	Dr. Manilka Sumanatilleke Dr. Arshad Hussain	Dr. Binit Vaidya Dr. Niranjala Meegoda Widanege	Dr. Tabinda Dugal Dr. Chathuri Jayawardena	Dr. Aravinthan Mahalingam Dr. Nazmul Qureshi	
01.30pm – 02.00pm Pituitary and Genetics ***Prof. Marta Korbonits (UK)***	**01.30pm – 01.50pm** When Parathyroid Glands Go Untamed…. ***Dr. Sanjay Bhadada (IND)***	**01.30pm – 01.50pm** Diet by Design – Dietary Recommendations in Diabetes ***Prof. Sudheera Kalupahana (SL)***	**01.30pm – 02.00pm** Pheochromocytoma in Pregnancy ***Prof. William Young (US)***	**01.30pm – 01.50pm** SGLT2i In comparison to other Novel Therapies ***Prof. S. V. Madhu (IND)***	
02.00pm – 02.30pm Diabetes and Genetics ***Prof. Nihal Thomas (IND)***	**01.50pm – 02.10pm** How Many Glands Should Come Out? ***Dr. Deep Dutta (IND)***	**01.50pm – 02.10pm** Exercising with Diabetes: How Much is Enough? ***Dr. Vignesh (IND)***	**02.00pm – 02.30pm** Optimizing Pregnancy Outcome in a Woman with Hyperglycaemia ***Dr. Dulani Kottahachchi (SL)***	**01.50pm – 02.10pm** Therapeutic goals for T2DM in the era of SGLT2i ***Dr. Pramod Ghandi (IND)***	
02.30pm – 03.00pm Novel Therapeutics Targets In Metabolic Disease and Cancer ***Prof. Marta Korbonits (UK)***	**02.10pm – 02.30pm** Hypoparathyroidism: An Update ***Dr. Bart Clarke (US)***	**02.10pm – 02.30pm** Diabetes Distress ***Dr. Prem Kumar (IND)***	**02.30pm – 03.00pm** Challenges in Treating Hyperthyroidism in Pregnancy ***Dr. Aisha Sheikh (PAK)***	**02.10pm -02.30pm** Cardiorenal Interplay in T2DM and the Role of SGLT2i ***Dr. Siva Sivapriyan (UK)***	
	02.30pm – 02.50pm Hypophosphatemia Bone Disorders ***Dr. Samanthi Cooray (SL)***	**02.30pm – 02.50pm** Remission of Diabetes with Diet ***Prof. Sudheera Kalupahana (SL)***		**02.30pm – 02.50pm** Renal Frontier in T2DM ***Dr. Manash Baruah (IND)***	
	02.50pm – 03.00pm Discussion	02.50pm – 03.00pm Discussion		02.50pm – 03.00pm Discussion	
03.00pm – 03.30pm	**Hall A – Debate**				
Dr. Henry Rajaratnam Prof. Md. Faruque Pathan					
Insulin Should be Replaced by New Drugs ***Agree – Dr. Sarah Nadeem (PAK) / Disagree – Dr. Sanjay Kalra (IND)***					
03.30pm – 04.00pm					
Dr. Henry Rajaratnam Prof. S. V. Madhu					
International Guidelines on Diabetes Should be Applied Universally ***Prof. Andrew Boulton (UK) / Dr. Krishna Seshadri (IND)***					