



WHERE THE WORLD MEETS FOR ENDOCRINOLOGY

SLENDO 2019

Agenda

AUGUST
01st - 03rd

VENUE

SHANGRI-LA
COLOMBO, SRI LANKA

3 DAYS

6 PARALLEL SESSIONS

80+ INTERNATIONAL TOP SPEAKERS

200+ TOPICS

Engage ~ Connect ~ Relax

200 + TOPICS DELIVERED BY MORE THAN 100 EXPERTS ON OFFER IN 6 PARALLEL HALLS

PICK YOUR CHOICE IN YOUR AREA OF INTEREST
THERE IS SOMETHING FOR EVERYONE

Hall A

08.00 AM Inauguration Ceremony

09.30 AM Henry Rajaratnam Oration

10.00 AM Tea Break

Symposium 1:

10.30 AM - 12.00 PM
Endocrinology & Reproduction
Dr. Prasad Katulanda
Dr. Suresh Damodharan

10.30 AM

Menopausal Hormone Therapy; Where are we in 2019?
Prof. Margaret Wierman (US)11.00 AM
Male Hypogonadism – Steering through the minefield
Dr. Sushil Jindal (IND)11.30 AM
Metabolic Effects of PCOD
Prof. Margaret Wierman (US)Panel Discussion 1:
12.00 - 01.40 PMWhich Drug Amidst the Plethora of Diabetes Therapies? A Case-Based Discussion
Dr. Waqas Shafig
Prof. Md. Fariduddin

12.00 PM

Incretins
Dr. Sachith Abhayaratna (SL)

12.20 PM

SGLT2
Dr. Chaminda Garusinghe (SL)12.40 PM
Insulin
Dr. Shyaminda Kahandawa (SL)

01.00 PM

Sensitizers
Dr. A. H. Aamir (PAK)

01.20 PM

Sulphonylurea
Dr. Aravithan Mahalingam (SL)

Symposium 4:

01.40 - 03.10 PM
An Aid to Professional Development: How to...
Dr. Fawad Randhawa
Dr. Bhroj Raj Adhikari

01.40 PM

How to... Integrate Research into your Busy Schedule?
Prof. Seneka Rajapaksa (SL)

2.10 PM

How to... Publish a High Impact Paper?
Prof. Tharaka Dassanayake (SL)

02.40 PM

How to... Deliver a Perfectly Pitched Talk?
Dr. Jawaid Masood (PAK)

Meet the Professor 1:

Prof. John Wass (UK)
03.10 - 04.10 PM
Optimizing Hormone Treatment in the Hypothyroid PatientDr. Shyaminda Kahandawa
Dr. Faisal Qureshi

Hall B

Symposium 2:

10.30 AM - 12.00 AM
Pituitary Disease
Dr. Manoj Chawla
Dr. Ibrar Ahmad

10.30 AM

Diagnosis & Management of Acromegaly
Prof. William Young (US)11.00 AM
Diagnosis & Management of Prolactinoma
Prof. Marta Korbonits (UK)11.30 AM
Pituitary Tumours; Modern Viewpoint
Prof. John Wass (UK)

Panel Discussion 2:

12.00 - 02.30 PM
Cardiovascular Outcomes in Diabetes
Dr. Naomali Amarasena
Dr. Uditha Bulugapitiya

12.00 PM

Diabetes Therapeutics and Cardiovascular Outcomes: Where are we now?
Dr. Krishna Seshadri (IND)

12.30 PM

Role of Anti Platelet Therapy in Primary Prevention
Dr. Dharshini Kanupiah (SL)

01.00 PM

Controversies in Statin Therapy
Dr. Ruwan Ekanayake (SL)

01.30 PM

Blood Pressure Targets: How Low Should We Go?
Dr. W.S.Santharaj (SL)

02.00 PM

New Approach to CV Protection in Diabetes Patients
Prof. Ashu Rastogi (IND)

Meet the Professor 2:

Prof. William Young (US)
02.30 - 03.30 PM
IPSS & AVS Result Made SimpleDr. Sivatharshya Pathmanathan
Dr. Malika Hameed

Meet the Professor 6:

Prof. Andre Lacroix (CAN)
03.30 - 04.30 PMNovel Strategies in Glucocorticoid Replacement
Dr. Nayanaraj Karunaseena
Dr. Easri Poudeil

Meet the Professor 3:

Prof. William Young (US)
03.30 - 04.30 PMDo Not Drink in Salt Water: Disorders of Sodium Handling
Dr. Saad A. Mahar
Dr. Tharanga Samarasekara

Hall D

Symposium 3:

10.00 - 11.30 AM
Make Endocrinology the General Practitioners' Forte
Dr. Sarah Gami De Silva
Dr. Sri Rajan

10.00 AM

Extravagant Endocrine Diagnosis - When to suspect in Family Practice?
Dr. Manodhi Saranapala (AUS)10.20 AM
Unravelling the Clinical Issues in PCOD
Prof. Chandrika Wijeyaratne10.40 AM
The Simple and Complex of Thyroid Disease
Dr. Muditha Weerakody (SL)11.00 AM
Erectile Dysfunction & Diabetes
Dr. Shahjaha Selim (BAN)

11.20 AM

Discussion

Panel Discussion 3:

11.30 AM - 01.00 PM
Strengthening family Practice for Diabetes Shared Care
Dr. Sameer Aggarwal
Dr. Jayantha Jayatilaka11.30 AM
How to Escalate Diabetes Therapies?
Dr. Niranjala M. Widanage (SL)11.50 AM
Insulin and SMBG: Optimizing Quality of Life
Dr. Udul Hewage (AUS)12.10 PM
Setting Up Database in your General Practice
Prof. Devaka Fernando (UK)12.30 PM
Shouldering Diabetes Care of the Expecting Mother
Dr. Arshad Hussain (PAK)12.50 PM
Discussion

Symposium 5:

01.00 - 02.30 PM
Diabetes in Special groups
Dr. Vijay Chandrasekhar
Dr. Wassay Sultani01.00 PM
The 2Ds in Adolescents Development & Diabetes
Dr. Agustin Urari (INDO)01.30 PM
The 3Ds – Dementia, Depression and Diabetes
Dr. Al. Jwa (PAK)02.00 PM
The 4Ds of Diabetes in Women: Difficult, Dismissed, Different and Deadly
Dr. Sanita Bajaj (IND)02.30 PM
Meet the Professor 3:
Dr. Abbas Raza (PAK)
02.30 - 03.30 PMDifficult Cases in Diabetes
Dr. Sobia Sabir
Dr. Siva Sivapppyan03.00 PM
Meet the Professor 7:
Prof. Nihal Thomas (IND)
03.30 - 04.30 PMDo Not Drink in Salt Water: Disorders of Sodium Handling
Dr. Saad A. Mahar
Dr. Tharanga Samarasekara

Hall E

ISE Thyroid Certificate Course
09.00 AM - 03.00 PM
Dr. Achini Wijesinghe
Dr. Fariza Alfsana

09.00 AM

Treatment of Hypothyroidism The Essence
Prof. David Cooper (US)

09.30 AM

Imaging of Thyroid Nodules
Prof. Susan Mandel (US)

10.00 AM

Break
09.20 AM
Gut Harmonizing the Endocrine Orchestra
Prof. A. K. Das (IND)

09.40 AM

Obesity Therapeutics – Are We There Yet?
Dr. Manlika Sumanatilake (SL)

10.00 AM

Break
10.10 AM
An Update on Bariatric Surgery
Dr. Praveen Raj (IND)

10.30 AM

Non-Pharmacological Alternatives for Bariatric Surgery
Dr. Madulni Nirinella (SL)

10.50 AM

Metabolically Healthy Obesity - Does it Exist?
Dr. Pramod Gandhi (IND)

11.10 AM

Childhood Obesity and Genetic Syndromes
Dr. Agustin Urari (INDO)

11.30 AM

Discussion
02.30 PM
Discussion

02.30 PM

Meet the Professor 4:
Prof. Susan Mandel (US)
03.00 - 04.00 PMChallenging Thyroid Nodules
Dr. Dulani Kottachchaki
Dr. Kurshheed Khan

02.00 PM

Meet the Professor 8:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 5:
Prof. Susan Mandel (US)
03.00 - 04.00 PMChallenging Thyroid Nodules
Dr. Dulani Kottachchaki
Dr. Kurshheed Khan

02.30 PM

Meet the Professor 6:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 7:
Prof. Nihal Thomas (IND)
03.30 - 04.30 PMDo Not Drink in Salt Water: Disorders of Sodium Handling
Dr. Saad A. Mahar
Dr. Tharanga Samarasekara

02.30 PM

Meet the Professor 8:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 9:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 10:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 11:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 12:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

Hall H

Master Class 1:
09.00 - 11.40 AM
Diabetes, Obesity & Gut Conundrums
Prof. Md. Hafizur Rahman
Dr. Thejana Wijeratne

09.00 AM

NASH: Modern Viewpoint
Dr. Siva Sivapppyan (UK)

09.20 AM

Gut Harmonizing the Endocrine Orchestra
Prof. A. K. Das (IND)

09.40 AM

Obesity Therapeutics – Are We There Yet?
Dr. Manlika Sumanatilake (SL)

10.00 AM

Break
10.10 AM
An Update on Bariatric Surgery
Dr. Praveen Raj (IND)

10.30 AM

Non-Pharmacological Alternatives for Bariatric Surgery
Dr. Madulni Nirinella (SL)

10.50 AM

Metabolically Healthy Obesity - Does it Exist?
Dr. Pramod Gandhi (IND)

11.10 AM

Childhood Obesity and Genetic Syndromes
Dr. Agustin Urari (INDO)

11.30 AM

Discussion
02.30 PM
Discussion

02.30 PM

Meet the Professor 4:
Prof. Susan Mandel (US)
03.00 - 04.00 PMChallenging Thyroid Nodules
Dr. Dulani Kottachchaki
Dr. Kurshheed Khan

02.00 PM

Meet the Professor 8:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 9:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 10:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 11:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 12:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 13:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 14:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 15:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 16:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

02.30 PM

Meet the Professor 17:
Prof. David Cooper (US)
04.00 - 5.00 PMChallenging Cases of Thyroid Dysfunction
Dr. Jamal Raza
Dr. Dipak Mial

Hall G

Oral Presentations
09.30 AM - 01.00 PM
Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

09.30 AM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

09.50 AM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

10.10 AM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

10.30 AM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

10.50 AM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

11.10 AM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

11.30 AM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

11.50 AM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

12.10 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

12.30 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

12.50 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

01.10 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

01.30 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

01.50 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

02.10 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

02.30 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

02.50 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

03.10 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

03.30 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

03.50 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

04.10 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

04.30 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

04.50 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

05.10 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

05.30 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

05.50 PM

Diabetes, Dyslipidaemia, Obesity and Metabolic Disease

Teaching Capsule 1:

01.00 - 02.00 PM

Sellar Tumours – Multi Disciplinary Team Gathering
Moderator:
Dr. Sunil Perera
Dr. Manlika Sumanatilake

Teaching Capsule 2:

01.00 - 02.00 PM

Sellar Tumours – Multi Disciplinary Team Gathering
Moderator:
Dr. Sunil Perera
Dr. Manlika Sumanatilake

Teaching Capsule 3:

01.00 - 02.00 PM

Sellar Tumours – Multi Disciplinary Team Gathering
Moderator:
Dr. Sunil Perera
Dr. Manlika Sumanatilake

Teaching Capsule 4:

01.00 - 02.00 PM

Sellar Tumours – Multi Disciplinary Team Gathering
Moderator:
Dr. Sunil Perera
Dr. Manlika Sumanatilake

Teaching Capsule 5:

01.00 - 02.00 PM

Sellar Tumours – Multi Disciplinary Team Gathering
Moderator:
Dr. Sunil Perera
Dr. Manlika Sumanatilake

Teaching Capsule 6:

01.00 - 02.00 PM

Sellar Tumours – Multi Disciplinary Team Gathering
Moderator:
Dr. Sunil Perera
Dr. Manlika Sumanatilake

Teaching Capsule 7:

01.00 - 02.00 PM

Sellar Tumours – Multi Disciplinary Team Gathering
Moderator:
Dr. Sunil Perera
Dr. Manlika Sumanatilake

Hall A

Plenary 1:

08.00 – 08.30 AM

Management of Thyroid Nodules

Prof. Susan Mandel (US)

Dr. Umal Azmat
Dr. Lalana Ranasinghe

Plenary 3:

08.30 – 09.00 AM

'The Irish Giant' – Story Unwinds

Prof. Marta Korbonits (UK)

Dr. Shalika Ariyawansa
Dr. Dina Shrestha

Hall B

Plenary 2:

08.00 – 08.30 AM

Diabetes Prevention as a Realistic Goal

Prof. Jaako Tuomilehto (FIN)

Dr. Udul Hewage
Prof. A. K. Das

Plenary 4:

08.30 – 09.00 AM

Remission strategy in T2DM -
A paradigm shift in diabetes management

Dr. Prasad Kutulanda (SL)

Dr. Udul Hewage
Prof. A. K. Das

Hall A

Master Class 2:

09.00 AM – 12.00 PM

Bone & Metabolic Disease

Dr. Sanjay Bhadada
Dr. Chamintha Garusinghe09.00 AM
Osteoporosis: Common Questions, Clinical Conundrums
Dr. Bart Clarke (US)09.25 AM
T to Z Scores: Case-Based Approach
Prof. Sarath Lekmanasam (SL)09.50 AM
Fracture Risk Assessment Beyond DXA and FRAX
Dr. Bart Clarke (US)10.15 AM
Break10.25 AM
Viewpoints
Vitamin D Deficiency - A Fact or A Myth: A Fact
Dr. Kavinga Gunawardena (SL)
A Myth:
Dr. Manash Baruah (IND)10.50 AM
"Osteoporosis" in the Young
Prof. Faisal Ahmed (UK)11.15 AM
Metabolic Bone Disease: An Eye Opener
Dr. Bart Clarke (US)11.40 AM
Bone Protective Agents in Children
Prof. Faisal Ahmed (UK)

Hall B

Symposium 8:

09.00 – 10.30 AM

State of the Art Care in Neuroendocrinology

Dr. Henry Rajaratnam
Prof. M. A. Hasanat09.00 AM
Cutting Edge Treatment with Gamma Knife
Dr. Ruby Maheparan (NO)09.30 AM
Case Based Update
Pheochromocytoma
Prof. William Young (US)10.00 AM
Cushing Syndrome in Neuroendocrine Tumours
Prof. Nihal Thomas (IND)Panel Discussion 4:
10.30 AM – 12.00 PM
Changing Landscape of Diagnostics & TherapeuticsDr. Siva Sivapriyan
Dr. Abbas Raza10.30 AM
Controversies in the Diagnosis & Therapy of Cushing Syndrome
Prof. Andre Lacroix (CAN)11.00 AM
Congenital Adrenal Hyperplasia Across Lifespan
Prof. Margaret Wierman (US)11.30 AM
Advances in causes of Functional Adrenocortical Tumours and Hyperplasias
Prof. Andre Lacroix (CAN)

Hall D

Symposium 9:

09.00 – 10.30 AM

Integrated Care with the Family Practitioner

Dr. Rajiv Singla
Dr. Vineet Surana09.00 AM
Dispelling Myths in Diabetes Care
Dr. Sivatharsha Pathamanathan (SL)09.20 AM
Diabetic Foot in Your Hands
Dr. Charitha Weerasinghe (SL)09.40 AM
How to Keep the Menopausal Woman Content
Dr. Sachin Chittawar (IND)10.00 AM
Break Free from Osteoporosis - An Update
Dr. Thomas Paul (IND)10.20 AM
DiscussionPanel Discussion 5:
10.30 AM – 11.30 PM
Endocrine Surgery - A Fruitful Collaboration Between Surgeon & EndocrinologistProf. Nihal Thomas
Dr. Manlika Sumanatilleke10.30 AM
Endocrine Surgery
Dr. Bawantha Gamage
Dr. Chamintha Garusinghe11.00 AM
Collaborative Surgery Gender Dysphoria
Dr. Udittha Bulugapathipya
Dr. Ravindra Rajapaksha

Hall E

Symposium 10:

09.00 – 10.30 AM

Diabetes Complications

Dr. Anura Hewageegamage
Dr. Fawad Randhawa09.00 AM
Novel Approaches in Diabetic Foot Disease
Prof. Andrew Boulton (UK)09.20 AM
Challenges in Glycaemic Management in CKD
Dr. Dimuthu Muthukuda (SL)09.40 AM
Hyperglycaemia in the Post Kidney Transplant Patient
Dr. Udul Hewage (AUS)10.00 AM
Renal Outcome Trials in Diabetes - An Update
Dr. Mathu Selvarajah (SL)Panel Discussion 6:
10.30 AM – 12.00 PM
A New Era for Diabetes TherapeuticsDr. Amena Baig
Dr. Lalantha Leelarathna10.30 AM
More Freedom with Less Frequent Injectable Drugs
Dr. Manodhi Saranapala (AUS)10.50 AM
Can SGLT2 Inhibitors Replace Traditional Hypoglycaemic Agents?
Dr. Mujahid Saadeh (UK)11.10 AM
Combos for Diabetes
Dr. Rakesh Sahay (IND)11.30 AM
Type 1 Diabetes: New Insights
Prof. Paul Hofman (NZ)11.50 AM
Discussion

Hall H

Forum 1:

09.00 – 10.30 AM

When Hormones Go Wrong

Dr. Carmaline Motha
Dr. Subhash Yadav09.00 AM
Do Men Pause? Whan and How?
Dr. Tabinda Dugal (PAK)09.20 AM
Testosterone Therapy: Whan and How?
Dr. Deep Datta (IND)09.40 AM
Female Sexual Dysfunction in Diabetes
Dr. Md. Saifuddin (BAN)10.00 AM
Gender Dysphoria
Dr. Indrajit Prasad (BAN)10.20 AM
Discussion

Forum 2:

10.30 AM – 12.00 PM

Thyroid Disease in Perspective

Prof. M.A. Samad
Dr. Maulee Arambewela10.30 AM
Subclinical Hypothyroidism - Controversies to Consensus
Dr. Robin Maskey (NEP)10.50 AM
Thyroid Nodules - Making Tough Choices
Dr. Umal Azmat (PAK)11.10 AM
Hashimoto's Thyroiditis
Dr. Najmul Islam (PAK)11.30 AM
Thyroid Eye Disease: Update On Management
Dr. Vijay Bhaskara Reddy (IND)11.50 AM
Discussion

Hall G

Oral Presentations

09.30 AM – 12.00 PM

Bone & Metabolic Disease

Hall A

Plenary 5:

12.00 – 12.30 PM

Subclinical Thyroid Disease – An Update

Prof. David Cooper (US)

Dr. Muditha Weerakody
Dr. Prem Kumar

Lunch in the Court Room:

12.30 - 01.00 PM

Jurors are not to be swayed by sympathy!
In South Asian Court of Decree...

Judge: Dr. Abbas Raza

Attorneys:
Dr. Mansj Chawla (IND)
Dr. Dina Shrestha (NEP)

Plenary 7:

01.00 - 01.30 PM

Year in Adrenal

Prof. William Young (US)

Dr. Indrajit Prasad
Dr. Vijay Bhaskara Reddy

Hall B

Plenary 6:

12.00 – 12.30 PM

Development Origins of Health and Disease

Prof. Paul Hofman (NZ)

Prof. Fujitha Wickramasinghe
Dr. Samudra Seneviratne

Lunch Time Symposium 1:

12.30 - 01.00 PM

Real World Challenges in Nurturing a Child with T1DM -
What the Family has to say?

Moderator: Prof. Shamyia De Silva

Dr. Navoda Atapattu (SL)
Dr. Samudra Seneviratne (SL)

Plenary 8:

01.00 - 01.30 PM

DSD from Conception to Reproduction

Prof. Faisal Ahmed (UK)

Prof. Shamyia De Silva
Dr. Navoda Atapattu

Hall A

Master Class 3:

01.30 – 03.00 PM

Keep the Head
Straight in Endocrine
EmergenciesProf. Devaka Fernando
Dr. Rakesh Sahay

01.30 PM

Thyroid Storm and
Myxoedema Coma

Prof. David Cooper (US)

02.00 PM

Addisonian Crisis

Dr. Manodhi Saranapala (AUS)

02.30 PM

Pituitary Apoplexy and
Hypopituitarism

Prof. John Wass (UK)

Hall B

Symposium 11:

01.30 – 03.00 PM

Reproductive
EndocrinologyDr. Dulani Kottahachchi
Dr. Athula Kaluarachchi

01.30 PM

Fertility Treatment in
Hypogonadotropic
Hypogonadism
– A Glimmer of Hope

Prof. Margaret Wierman (US)

02.00 PM

Assisted Reproductive
Technology: An Update

Dr. Milhan Batacha (SL)

02.30 PM

Fertility Issues in PCOS

Prof. Margaret Wierman (US)

Hall D

Symposium 12:

01.30 – 03.00 PM

Tropical
EndocrinologyProf. Sisira Siribaddana
Dr. Gagan Priya

01.30 PM

Envenomation & Endocrinology
Dr. Saptanshi Bhattacharya (IND)

01.50 PM

Sheehan's Syndrome
Dr. Ashish Sehgal (IND)

02.10 PM

Diabetes and Tuberculosis
Double Trouble

Dr. A. H. Aamir (PAK)

02.30 PM

Fibro Calculus Pancreatic
Diabetes; Changing Cues with
Changing Times

Dr. Vijay Bhaskara Reddy (IND)

02.50 PM

Discussion

Hall E

Symposium 13:

01.30 – 03.00 PM

Thyroid Disorders -
What Experts have to sayDr. Mathew John
Dr. Achini Wijesinghe

01.30 PM

Update on Medical Interventions
in Thyroid Eye Disease

Dr. Deepak Khandeival (IND)

01.50 PM

Update on Surgical Interventions
in Thyroid Eye Disease

Dr. Chameera Bandara (SL)

02.30 PM

Exploring Frontiers
in Thyroid Cancer

Dr. Chandrika Subasinghe (SL)

Hall H

Forum 3:

01.30 – 03.00 PM

Finding Solutions to
Common Endocrine
ProblemsDr. Sobia Sabir
Dr. Vignesh

01.30 PM

Thyrovigilance

Dr. Sameer Aggarwal (IND)

01.50 PM

Approach to the Patient
with Hirsutism

Dr. Dipak Mall (NEP)

02.10 PM

Bone Turnover Markers
in Health and Disease

Dr. Thomas Paul (IND)

02.30 PM

Delayed Puberty

Dr. Sajith Siyambalapitiya (SL)

02.50 PM

Discussion

Hall G

Forum 4:

01.30 – 03.00 PM

Endocrine Perspective of
Not So Uncommon
ScenariosDr. Shyaminda Kahandawa
Dr. Ibrar Ahmad

01.30 PM

How to Handle Spontaneous
Hypoglycaemia?

Dr. Faris Afsana (BAN)

01.50 PM

Use and Misuse of Hormones
in Sport

Dr. Hari Kumar (IND)

02.10 PM

Drug Induced Endocrine
Dysfunction

Dr. Suresh Damodharan (IND)

02.30 PM

Adrenal Incidentaloma :
Pearls in Diagnosis

Dr. Sharmin Jahan (BAN)

02.50 PM

Discussion

Meet the Professor 9:

Prof. William Young (US)

03.00 - 04.00 PM

Diagnosis of Cushing
Syndrome: Pearls and PitfallsDr. Bhobj Rai Adhikary
Dr. Ravi Kant

Meet the Professor 10:

Prof. Maria Korbonits (UK)

03.00 - 04.00 PM

Challenging Cases of
ProlactinomaDr. Samarathi Cooray
Dr. Amal Shalya

Meet the Professor 11:

Prof. Andre Lacroix (CAN)

03.00 - 04.00 PM

Approach to Bilateral
Adrenal IncidentalomasDr. Kurshed Khan
Dr. Sushil Jindal

Meet the Professor 12:

Prof. Faisal Ahmed (UK)

03.00 - 04.00 PM

Metabolic Bone Disease in
ChildrenDr. Navoda Atapattu
Dr. Deepak Khandeival

Workshop 1:

Prof. Susan Mandel (US)

Prof. David Cooper (US)

03.00 - 05.00 PM

Hall G

Thyroid Ultrasound :
Hands on Introductory CoursePrior Registration Required
Only 25 seats are Available

Meet the Professor 13:

Prof. Paul Hofman (NZ)

04.00 - 05.00 PM

It's Not that Matters –
Challenges, Congenital
HypothyroidismDr. Kamani Ljyanarachchi
Dr. Subhash Yadav

Meet the Professor 14:

Prof. Margaret Wierman (US)

04.00 - 05.00 PM

Hypogonadism –
Case StudiesDr. Sachin Chittawar
Dr. Jamal Raza

Meet the Professor 15:

Prof. Andrew Boulton (UK)

04.00 - 05.00 PM

Diabetic Neuropathy

Dr. Charitha Weerasinghe
Dr. Faisal Qureshi

Meet the Professor 16:

Prof. Faisal Ahmed (UK)

04.00 - 05.00 PM

Unravel the True Self:
Challenging Cases in DSDDr. Sajith Siyambalapitiya
Dr. Binil Vaidya

Hall A

Plenary 9:

08.00 – 08.30 AM

A Glimpse into the future of Insulin

Dr. Krishna Seshadri (IND)

Dr. Amit Shalya
Dr. A. H. Amir

Hall B

Plenary 10:

08.00 – 08.30 AM

A Glimpse into the future with SGLT2i

Dr. Udittha Bulugahapitaya (SL)

Dr. Chandrika Ponnapperuma
Prof. Md. Hafizur Rahman

Plenary 11:

08.30 – 09.00 AM

Adrenal Incidentaloma – What Catches the Endocrinologist's Eye?

Prof. William Young (US)

Dr. Manash Baruah
Dr. Mohammad Wali Nasiri

Plenary 12:

08.30 – 09.00 AM

Cardiovascular Trials in Diabetes: Across the Decade

Dr. Sanjay Kalra (IND)

Dr. Chandrika Ponnapperuma
Prof. Md. Hafizur Rahman

Hall A

Symposium 14:

09.00 – 10.30 AM

Pituitary Disease: State of the Art Care

Dr. Najmul Islam
Dr. Kusrud Khan

Hall B

Symposium 15:

09.00 – 10.30 AM

Adrenal Disease: In Perspective

Dr. Kavinga Gunawardena
Dr. Robin Maskey

Hall D

Symposium 16:

09.00 – 10.30 AM

Endocrinology & Aging

Dr. Dina Shrestha
Dr. Jamal Raza

Hall E

Master Class 4:

09.00 – 12.00 AM

Who Make Our Souls Blossom; Paediatric Endocrinologists Speak

Dr. R. Ajathath
Prof. Shmya De Silva

Hall H

Forum 5:

09.00 – 10.30 AM

The Regional Practice of Reproductive Endocrinology

Dr. Badri Poudel
Dr. Chandrika Subasinghe

Hall G

Teaching Capsule 2:

09.00 – 10.30 AM

Proficiency in Management of Diabetes

Dr. Ajay Pradhan
Dr. Sachith Abhayaratna

09.00 AM

Disorders of Sodium Handling following Sellar Surgery
Prof. John Wass (UK)

09.30 AM

New Medical Therapies for Cushing's Syndrome
Prof. Andre Lacroix (CAN)

10.00 AM

State of the Art Care in Craniopharyngioma
Mr. Simon Cudlip (UK)

09.00 AM

Adrenocortical Cancer – An Overview
Dr. Waqas Shafiq (PAK)

09.30 AM

Diagnostic Issues in Pheochromocytoma
Dr. Rakesh Sahay (IND)

10.00 AM

Case - Based Update on Primary Aldosteronism - What's New?
Prof. William Young (US)

09.00 AM

Stay Young – How Aging affects the Endocrine System
Dr. Nayanjanjani Karunaseena (SL)

09.30 AM

Premature Menopause
Prof. Margaret Wierman (US)

10.00 AM

Hypothalamo – Pituitary Axis Across Lifespan
Dr. S.K. Wangnoo (IND)

09.00 AM

Disorders of Water & Salt Balance
Prof. Paul Hofman (NZ)

09.20 AM

New Advances in Sex Determination & Disorders of Sexual Differentiation (DSD)
Prof. Faisal Ahmed (UK)

09.40 AM

Social & Psychological Challenges in DSD
Dr. Agustini Utan (INDO)

10.00 AM

Clinical Conundrums in Disorders of Sexual Differentiation (DSD)
Dr. Samudu Seneviratne (SL)

10.20 AM

Discussion

10.30 AM

Break

Growth and Puberty:

When to Intervene

10.45 AM

Disharmony of Neuroendocrine Triggers in Puberty: An Overview of Pubertal Disorders
Prof. Paul Hofman (NZ)

11.05 AM

Puberty & OSD
Prof. Faisal Ahmed (UK)

11.25 AM

Growth Hormone Therapy: An Update
Prof. Paul Hofman (NZ)

Discussion

09.00 AM

Hirsutism – Evaluation and Management
Dr. Nazmul Gureshi (BAN)

09.20 AM

Hypothyroidism in Pregnancy
Dr. Subarna Thapa (NEP)

09.40 AM

Anaemia in CKD
Dr. Deepak Khandeival (IND)

10.00 AM

Diabetes Fatigue Syndrome
Dr. Vineet Sarina (IND)

10.20 AM

Discussion

Forum 6:

10.30 AM - 12.00 PM

Discussion

Practice of Metabolic Medicine

Dr. Mohammad WaliNasiri
Dr. Umal Azmat

10.30 AM

Thyroid Disease: Cardiovascular Perspective
Dr. Ahsanul Amin (BAN)

10.50 AM

Inflammation & Osteoporosis
Dr. Binil Vaidya (NEP)

11.10 AM

Metabolic Memory
Dr. Manoj Chawla (IND)

11.30 AM

Clinical Application of MNT
Dr. Ravi Kant (IND)

11.50 AM

Discussion

Panel Discussion 7:

10.30 AM – 12.00 PM

How do I...?

Dr. Sameer Aggarwal
Prof. M.A. Samad

10.30 AM

How do I...

Manage Adverse Effects due to Antihypertensive Drugs?
Dr. Hari Kumar (IND)

10.45 AM

How do I...

Manage Adults with CAH?
Dr. Lalana Ranasinghe (SL)

11.00 AM

How do I...

Manage Hirsutism?
Dr. Indrajit Prasad (BAN)

11.15 AM

How do I...

Manage Gynaecomastia?
Dr. Chathuri Jayawardena (SL)

11.30 AM

How do I...

Investigate Excessive Sweating?
Dr. Tharanga Samarasekara (SL)

11.45 AM

How do I...

Prepare Patient For ARR?
Dr. Maulee Arambewela (SL)

Panel Discussion 8:

10.30 AM – 12.00 PM

Regional Diabetes Care

Dr. Saeed A. Mahar
Dr. Dharshini Karuppiah

10.30 AM

Insulin Resistance & Diabetes - Is Our Region Unique
Dr. Kaushik Pandit (IND)

10.45 AM

Buddhism & Diabetes Care - Mindful Meditation
Dr. Gagan Priya (IND)

11.00 AM

Diabetes & Ramadan
Dr. Ali Jawa (PAK)

11.15 AM

Challenges for the Under - Privileged in Diabetes Care
Dr. Atul Dhingra (IND)

11.30 AM

Herbal Therapies for Diabetes
Dr. Ashish Sehgal (IND)

11.45 AM

Discussion

Panel Discussion 9:

10.30 AM – 12.00 PM

In Perspective...

Prof. Md. Faruque Pathan
Dr. Manash Baruah

10.30 AM

Measuring Quality of Diabetes Care
Prof. Devaka Fernando (UK)

10.50 AM

Triglyceride Dysmetabolism as The Central Defect in Type 2 Diabetes
Prof. S.V. Madhu (IND)

11.10 AM

Artificial Intelligence in Diabetes Care
Dr. Rajiv Singla (IND)

11.30 AM

Empowerment: Keys to Patient Centered Approach
Dr. Aruna Baig (PAK)

11.50 AM

Discussion

Oral Presentations

10.30 AM - 02.00 PM

Endocrine Disease

Hall A

Plenary 13:

12.00 – 12.30 PM

The Diabetic Leg – The Long Journey Does Not End...

Prof. Andrew Boulton (UK)

Dr. Maliha Hameed
Dr. Rezni Cassim

Hall B

Plenary 14:

12.00 – 12.30 PM

Diabetes and Dementia

Prof. Jaakko Tuomilehto (FIN)

Prof. M. A. Hasanat
Dr. Chaminida Garusinghe

Lunch Time Symposium 2:

12.30 – 01.00 PM

Negligence, Genuine Error and Litigation

Mr. Keshan Thalagahagoda (SL)

Prof. Saroj Jayasinghe
Prof. Ravindra Fernando

Lunch in Debate Room

12.30 – 01.00 PM

HbA1C: Moderate vs Tight Control

Debaters:
Dr. Matthew John (IND)
Dr. Tabinda Dugal (PAK)Dr. Ajay Pradhan
Dr. Wassay Sultani

Plenary 15:

01.00 – 01.30 PM

Cardiovascular Disease Risk in Diabetes

Prof. Jaakko Tuomilehto (FIN)

Dr. Manoj Chawla
Dr. Prasad Katulanda

Plenary 16:

01.00 – 01.30 PM

Impact of Diabetic Foot Disease

Prof. Andrew Bolton (UK)

Dr. Maliha Hameed
Dr. Rezni Cassim

Hall A

Hall B

Hall D

Hall E

Hall H

Symposium 17:

01.30 – 03.00 PM

Genetics & Endocrinology

Prof. Vajira Dissanayake
Dr. Sushil Jindal

Symposium 18:

01.30 – 03.00 PM

Calcium Metabolism & Parathyroid Disease

Dr. Maniqa Sumanatilleke
Dr. Arshad Hussain

Symposium 19:

01.30 – 03.00 PM

Life Style Intervention for Diabetes - Emerging Concepts

Dr. Binil Vaidya
Dr. Niranjala M. Widanage

Symposium 20:

01.30 – 03.00 PM

The Crucial Ten Months

Dr. Tabinda Dugal
Dr. Chathuri Jayawardena

Symposium 21:

01.30 – 03.00 PM

Novel Therapies; Focus on SGLT2i

Dr. Aravinthan Mahalingam
Dr. Nazmul Qureshi

01.30 PM

Pituitary & Genetics
Prof. Marta Korbonits (UK)

02.00 PM

Diabetes & Genetics
Prof. Nihal Thomas (IND)

02.30 PM

Novel Therapeutics
Targets in Metabolic Disease
and Cancer
Prof. Marta Korbonits (UK)

01.30 PM

When Parathyroid Glands
Go Untamed...
Dr. Sanjay Bhadada (IND)

01.50 PM

How Many Glands
Should Come Out?
Dr. Deep Dutta (IND)

02.10 PM

Hypoparathyroidism:
An Update
Dr. Bart Clarke (US)

02.30 PM

Hypophosphatemia Bone
Disorders
Dr. Samanthi Cooray (SL)

02.50 PM

Discussion

01.30 PM

Diet by Design –
Dietary Recommendations
in Diabetes
Prof. Sudheera Kalupahana (SL)

01.50 PM

Exercising with Diabetes:
How Much is Enough?
Dr. Vignesh (IND)

02.10 PM

Diabetes Distress
Dr. Prem Kumar (IND)

02.30 PM

Remission of Diabetes
with Diet
Prof. Sudheera Kalupahana (SL)

02.50 PM

Discussion

01.30 PM

Pheochromocytoma in
Pregnancy
Prof. William Young (US)

02.00 PM

Optimizing Pregnancy Outcome
in a Woman
with Hyperglycaemia
Dr. Dulani Kottachchi (SL)

02.30 PM

Challenges in Treating
hyperthyroidism in Pregnancy
Dr. Aisha Sheikh (PAK)

01.30 PM

SGLT2i in comparison to other Novel Therapies
Prof. S. V. Madhu (IND)

01.50 PM

Therapeutic goals for T2DM in the era of SGLT2i
Dr. Pramod Gandhi (IND)

02.10 PM

Cardional Interplay in T2DM and the Role of SGLT2i
Dr. Siva Sivapriyan (UK)

02.30 PM

Renal Frontier in T2DM
Dr. Manash Baruah (IND)

02.50 PM

Discussion

Hall A

Debate:

03.00 PM

Insulin Should be Replaced by New Drugs

Dr. Henry Rajaratnam
Prof. Md. Faruque PathanAgree – Dr. Sarah Nadesem (PAK)
Disagree – Dr. Sanjay Kalra (IND)

Debate:

03.30 PM

International Guidelines on Diabetes Should be Applied Universally

Dr. Henry Rajaratnam
Prof. S.V. MadhuProf. Andrew Boulton (UK)
Dr. Krishna Seshadri (IND)